

Good Thoughts, Good Words, Good Deeds

Hifa Nassery

Humata, Hukhta, Huvarshta, the three famous and effective words of the Zoroastrian religion, shine through the ages. They mean Good Thoughts, Good Words, and Good Deeds. These words are the basic principles of the Zoroastrian religion. These three words are perfect and clear signs of the right path and spiritual guidance of life.

I chose these meaningful words as a theme to create an art work. To represent these favorite words, presented in unit one of “Zoroastrianism for Deepening and Dialogue,” I created my own calligraphy. I used a right handed wide nib to write down the Persian words. I transferred my hand writing onto acid free 100% white cotton paper and did the painting using watercolors. The significance of calligraphy in Persian art is well known. This is just my simple hand writing and humble art.

The background is the three printed words in English.

The translation of Humata, “good thoughts,” in Persian is *pendár* or *andíshih*. Both words are correct and used by Zoroastrians. I chose the word *pendár* in my work.

I was inspired by the Persian art of illumination which uses watercolor painting and has significant spiritual value for representing religious scriptures, past and present. I chose the light colors and gold colors because light has significant meaning in Zoroastrian as well as in Iranian *Ishraqí* philosophy.

سندل
از جناب
کر داز



